



Quality of work Index: Questionnaire 2023

For the *Quality of work Index*, a study on the situation and quality of work of employees in Luxembourg, more than 2,500 interviews are conducted every year since 2020 at the request of the Luxembourg Chamber of Employees (Chambre des salariés Luxembourg - CSL) using this questionnaire. The questionnaire contains a part of questions that are asked every year and a variable part of questions on a particular theme. The *Institute for Health and Behaviour* from the University of Luxembourg in collaboration with CSL has created this questionnaire and is responsible for the evaluation of the data collected. It is available in French, German, Luxembourgish, Portuguese and English.

Note:

The response category "no opinion" was not explicitly offered to respondents in the telephone interviews and has therefore been recorded by interviewers only if the interviewed have expressed this by themselves. That's why this category of response is not explicitly documented in the questionnaire.

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1. Please tell me first of all when you were born? The indication of the year of birth is entirely sufficient. (gebjahr)

Filter: if the age is not less than 16 years and not more than 64 years

2. Are you currently working at least 10 hours per week? (scr2)

Yes

No

Filter: if the respondent works at least 10 hours a week

3. Do you currently have one or more employment relationships in Luxembourg? (scr3)

One employment relationship

Several employment relationships

No employment in Luxembourg

Filter: if one or more jobs

4. What is your professional status? Are you... (scr4)

Employee

Civil servant

Freelancer

Working family member

Self-employed freelancer

5. Gender of the interviewee (Sex)

Male

Female

Diverse / non-binary

Filter: if it is an employee, a civil servant, a freelancer, a working family member

**6. What professional activity are you currently pursuing?
Please provide an exact description of your professional activity, for instance "forwarding agent" rather than "commercial employee" or "machine fitter" rather than "labourer". If you are a civil servant, please indicate your official title, e.g. "police officer" or "senior teacher". (A011)**

7. Please give me a precise description of this professional activity. (A012)

8. Does this profession also have a special name? (A013)

9. Are you a superior for other employees? (A02)

Yes

No

10. What kind of work contract do you have? Is it ... (A04)

a permanent work contract

a fixed-term work contract

a temporary work contract

another contract?

11. Are you currently employed in... (A05)

a full-time job

or a part-time job?

other (minor professional activity included)

12. How many hours are you contractually employed to work every week? (A06)

_____ hours

no regulation by contract for weekly working hours

over 60 hours per week

13. You are contractually employed for how many days each week? (A29)

_____ days

the number of working days is not contractually agreed

14. Now we move on to your actual working time. With reference to the last 12 months, how many hours a week do you work on average? Please include any regular additional time or overtime. (A07)

_____ hours

more than 90 hours a week

15. Also regarding your actual working hours. Considering the last 12 months, how many days do you work on average per week? Please include any overtime or additional days worked on a regular basis. (A30)

_____ days

16. How many times a month do you work 10 or more hours in a day? (A31)

every day

several times a week

several times a month

less often

Never

17. How is your working time regulated? (A08b)

The employer gives me fixed working hours.

I can personalize my working time within a certain range. Examples are flextime or flexible working hours.

The employer has specified several fixed work schedules from which I have to choose my working time.

I can configure my entire working time independently.

18. How often do your working hours change? (A32)

every day

several times a week

several times a month

less often

Never

19. How far in advance do you typically find out about these changes? (A33)

On the same day

On the previous day

Several days in advance

Several weeks in advance

20. How many days per month do you work in the evening from 7 PM or at night from 10 PM or at the weekend? (A09_10_11)

_____ days per month

21. How often you can decide when to take vacation or days off? (A12a)

Never

Rarely

Sometimes

Often

(Almost) always

22. How often does it happen that you have to interrupt or shorten your work break? (A12b)

Never

Rarely

Sometimes

Often

(Almost) always

23. How many vacation days do you have per year? (A12e)

_____ days

More than 50 vacation days

24. How satisfied are you with the number of vacation days you take each year? (A12k)

to a very large extent

to a large extent

to a medium extent

to a low extent

to a very low extent

25. How often do you get less than 11 hours between the end of a working day and the start of the next working day? (A34)

every day

several times a week

several times a month

less often

Never

26. If you could decide freely how many hours you want to work, how many hours a week would you like to work at the moment? Please take into account that you must earn a living. (A13_2)

___ hours

27. Now it's about your way to work. In which municipality is your workplace located? A26)

28. Approximately how many kilometers is your workplace from your home?A27)

___ kilometers

Work from home only

29. On a normal working day, how long does it take you to get from your home to your workplace? (A12)

___ hours ___ minutes

30. Overall, how satisfied are you with the time it takes you to get to work? (A35)

to a very large extent

to a large extent

to a medium extent

to a low extent

to a very low extent

31. How often, while carrying out your work, do you work in the following places?					
	Every day	Several times a week	Several times a month	Less often	never
At my employer's premises (e.g. office, factory, shop, school) (B22_1)					
At clients' premises (B22_2)					
In the car or another means of transport (B22_3)					
Outdoors (e.g. construction site, field, city streets) (B22_4)					
At home (B22_5)					
In public places such as cafés, airports, etc. (B22_6)					

Filter: if B22_5 ≥ "less often"

32. You have indicated that you work from home at least sometimes. To what extent do the following statements apply to you? (B26)					
	to a very low extent	to a low extent	to a medium extent	to a high extent	to a very high extent
My home office is well-equipped for working from home. (B26_7)					
I can work undisturbed in the home office. (B26_8)					

Filter: if B22_5 ≥ "less often"

33. Do you predominantly work in the home office on the same days? (B49)	
Yes	
No	

Filter: if B49 = ,No'

34. You have indicated that you work in the home office on different days. Does this occur...? (B50)	
at your own request	
at the request of the employer	

Filter: if B22_5 ≥ "less often"

35. Does your employer cover the costs of communication that arise from working in a home office? This means reimbursement of costs in the form of a monthly lump sum. (B51)	
Yes	
No	

Filter: if B22_5 ≥ "less often"

36. Is the necessary equipment for working in a home office - such as a computer - provided by your employer? (B52)
Yes, fully
Only partially
No, not at all
I don't need special equipment to work from my home office

37. If you had a choice, how much of your work time would you like to work at home? I would prefer... (B47)
...working exclusively in the company.
...working less than half of my working hours at home.
...working at least half of my working hours at home.
...working exclusively at home.
I can't do my job from home.

38. How often do you have to deal with childcare tasks in addition to work when working at home? (B48)
Never
Rarely
Sometimes
Often
Almost always

39. The idea of reducing working hours while keeping salaries or wages the same is currently being discussed in Luxembourg. Which of the following statements do you tend to agree with? (B58a)
I am in favour of a reduction in working hours with the same salary or wage.
I am against a reduction in working hours with the same salary or wage.

40. How many hours on average do you think this reduction in working time should comprise? (B58b)
___ hours

41. Here are a few questions concerning the company you are working for. What type of organisation is the company? Is it... (A14_1)
a private profit-oriented company
a State, Luxembourgish authority/organisation
a European or international entity or body?
other non-governmental organisation?

42. Please answer all the following questions only for the permanent establishment you are working for. What industry does the establishment you work in belong to? (A17)

Agriculture
Construction industry
Industry and manufacturing
Cleaning industry
Security
Trade
Hotel and restaurant trade
Retail and car repair shops
Consulting
Banking, insurance, finance
Passenger transport
Freight transport
IT industry
Media
Postal service and telecommunications
Education and teaching
Research
Hospitals
Social or health care sector
Real estate and housing
European Union or other international agencies (e.g. NATO, NAMSA,...)
Civil service, municipality, public administration
employed by private individuals (e.g. housekeeping)
other field

Filter: If Education and teaching

43. Is the organization you are working for a public or a private educational institution? (A17_2)

Public institution
Private institution

Filter: If State, communes, public administration

44. What exactly is the area concerned? (A17_3)

Public administration
Foreign affairs, Defense, Judicature/Justice, Public safety and order
Social security
other public services

45. For how long have you been working in this organization? Please start by indicating the month. (A18m &A18j)

_____ month _____ year

Filter: If belonging to the panel and A18m & A18j > 8 / 2022 OR A18j = 2023

46. Because you have changed your workplace since the last survey: How did your last employment relationship in Luxembourg end? (Z02a)
I resigned myself.
The employer gave notice for operational reasons.
Bankruptcy or business closure.
The employment relationship was terminated by mutual agreement.
I was given notice by the organisation for different reasons.
I fell ill, became unable to work or incapacitated.
My fixed-term employment contract expired.

Filter: Z02 = 1, 4

47. What prompted you to leave your previous employer? Were the reasons purely professional or purely personal or a combination of the two? (Z04a)
purely professional reasons
purely personal reasons
a combination of the two

Filter: Z02a = 2, 3, 5, 7 OR Z04a = 1, 3

48. The following is about possible career improvements that workers expect from a job change. Related to your last work shift: Please tell me to what extent you have expected certain career improvements. To what extent did you expect improvements concerning ... (Z05a)	to a very large extent	to a large extent	to a medium extent	to a low extent	to a very low extent
Remuneration & Additional benefits					
Superiors					
Carrier- & Training possibilities					
Work contents					
Work volumes					
Work hours					
Treatment by colleagues and superiors					
Job security					
Other improvements					

Filter: Z02a = 2, 3, 5, 7 OR Z04a = 2, 3

49. To what extent did you expect improvements or changes in your private life from a change in jobs? I expected the following from a change in jobs... (Z06a)					
	to a very large extent	to a large extent	to a medium extent	to a low extent	to a very low extent
... A closer proximity to the partner or to the family					
... A new beginning in private life					
... Shorter distances to work					
... Better reconciliation of work and private life					
... Other improvements					

50. Since when have you been working in your current position in that organization? (A19m & A19j)
____ month ____ year

51. How many people are employed in your permanent establishment? (A20)
1 – 4 employees
5 – 14 employees
15 – 49 employees
50 – 249 employees
250 and more employees

52. Are you personally a member of a union? (A22)
Yes
No

53. Now I have some questions regarding your working conditions within the organization. Please tell me in each case to what extent these conditions apply? To what extent... (B01)					
	to a very large extent	to a large extent	to a medium extent	to a low extent	to a very low extent
... does your work put you at risk of accident and injury? (B01_2)					
... is your work carried out in working conditions that are harmful to health? (B01_13)					
... can you decide how you carry out your work? (B01_3)					
...can you decide where you do your work? (B01_19)					
... can you determine your working hours yourself? (B01_4)					
... can you determine the order of your work tasks yourself? (B01_14)					
... can you determine the content of your work yourself? (B01_15)					
... are you involved in decisions in your organization? (B01_5)					
... does your superior consider your opinion in decisions or in upcoming changes? (B01_11)					

54. We would now like to know how often certain conditions arise in your work. How often... (B02)					
	Never	Rarely	Sometimes	Often	(Almost) always
... is your work physically strenuous, e.g. does it involve prolonged standing? (B02_1)					
... does your work leave you physically exhausted? (B02_10)					
... is your work mentally draining, e.g. if you are required to concentrate a lot? (B02_2)					
... are you required to concentrate simultaneously on several different tasks? (B02_4)					
... are you required to meet tight deadlines in your work? (B02_9)					
... are you under time pressure or rushed in your work? (B02_7)					
... does your work require you to control your feelings? (B02_13)					
... does your work require you to hide your true feelings? (B02_14)					

55. To what extent...					
	to a very large extent	to a large extent	to a medium extent	to a low extent	to a very low extent
... Does your work demand concentration? (B02_2_3)					
... Is your work intellectually challenging? (B02_2_4)					

56. Let us now talk briefly about your team environment at work. I will read out some statements to you. Please tell me in each case to what extent these statements apply to you. To what extent... (B03)					
	to a very large extent	to a large extent	to a medium extent	to a low extent	to a very low extent
... do you cooperate with your colleagues in your work? (B03_2)					
... do you receive feedback about your work from your superior or from your colleagues? (B03_3)					
... are you supported in your work by your colleagues? (B03_4)					
... do you receive feedback from your superior about your professional competences? (B03_7)					
... do you and your colleagues help one another with work-related problems? (B03_8)					
... are you able to ask your colleagues for help for work-related problems? (B03_9)					

57. How often from your point of view do difficult situations arise with your colleagues or your superior? How often... (B10)							
	Never	Rarely	Sometimes	Often	(Almost) always	I have no superior / no colleagues	I have no clients / no contact with clients
... is your work criticized by your colleagues or by your superior? (B10_1)							
... are you ignored at work by your colleagues or your superior? (B10_2)							
... are you assigned meaningless tasks by your superior? (B10_3)							
... are you ridiculed in front of others by your superior or by your colleagues? (B10_4)							
... are you in conflict with your colleagues or superior? (B10_5)							

58. Now a question regarding the appreciation of your work by the organisation. To what extent... (B05_2)					
	to a very large extent	to a large extent	to a medium extent	to a low extent	to a very low extent
... does your salary reflect your work input? (B05_2)					

59. I would now like to address your organisation's in-house training and continuing education. To what extent... (B06_1)					
	to a very large extent	to a large extent	to a medium extent	to a low extent	to a very low extent
... do you have possibilities to engage in further training in your organization? (B06_1_1)					
... does your organization support you to undertake further training? (B06_1_2)					

60. Now let's talk about the advancement and promotion opportunities within your organization. To what extent... (B07)					
	to a very large extent	to a large extent	to a medium extent	to a low extent	to a very low extent
... do you have possibilities of advancement and promotion in your organization? (B07_1)					
... does your organization support professional advancement or promotion? (B07_2)					

61. We would now like you to rate your satisfaction with your work. How satisfied are you at present... (B08)					
	to a very large extent	to a large extent	to a medium extent	to a low extent	to a very low extent
... with your work? (B08_1)					
... with the work atmosphere at work? (B08_2)					
... with the working conditions at work? (B08_3)					
... with your salary? (B08_4)					

62. Now let's talk about your own personal assessment of your work performance. Please rate your answer on a scale of 1: below average to 5: above average. You may grade your answer with the values in between. (B17d)					
	below average				above average
How do you evaluate your overall work performance in comparison with that of your colleagues? (B17d_21)					
How does your superior evaluate your overall work performance? (B17d_22)					

63. Professional work can influence private life in many ways. Here are some statements in this respect. Please indicate to what extent each statement applies to you. (B54)

	to a very large extent	to a large extent	to a medium extent	to a low extent	to a very low extent
... I neglect my personal needs because of the demands of my work. (B54_1)					
... My private life suffers because of my work. (B B54_2)					
I have to miss out on important personal activities because I spend so much time at work. (B54_3)					

64. And now back to your personal experience in your daily work routine. How often..

	Never	Rarely	Sometimes	Often	(Almost) always
... do you no longer enjoy your work? (B11_3)					
... are you unable to reconcile your work and your private life? (B11_7)					
... do you feel stressed because of your work? (B11_9)					
... are conflicts arising as a result of the demands of your work and those of your private life? (B11_15)					

**65. How difficult is it for you to give the necessary attention to your work as well as your private life?
Please rate your answer on a scale of 1: very difficult to 5: not difficult at all. You may grade your answer with the values in between. (B11a)**

very difficult

not difficult at all

66. Work and professional activity can have an impact on private life. To what extent do the following statements apply to you? (B55)

	to a very large extent	to a large extent	to a medium extent	to a low extent	to a very low extent
My work gives me energy to pursue activities outside work that are important to me.					
Thanks to my work, I am in a better mood at home.					
The things I do at work help me deal with personal and everyday problems at home.					

67. In general, how often do you participate in the following activities outside of work? (B11f)

	Every day	Several times a week	Several times a month	Less often	never
Voluntary or charitable activities (B11f_1)					
Political or trade union activities (B11f_2)					
Child/grandchild care and upbringing (B11f_3)					
Cooking and housework (B11f_4)					
Care for elderly or disabled relatives (B11f_5)					

68. The following are some statements about the relationship between your work and your private life. Please indicate to what extent each of these statements applies to you. (B53)

	to a very large extent	to a large extent	to a medium extent	to a low extent	to a very low extent
The greatest satisfaction in my life comes from my work rather than my private life. (B53_1)					
The most important things happen in my working rather than in my private life. (B53_2)					
Overall, work is more important to me than my personal life. (B53_3)					

69. To what extent are you expected to be available outside working hours, e.g. by phone, email or smartphone? (B33)

to a very large extent

to a large extent

to a medium extent

to a low extent

to a very low extent

70. Private life can also have an impact on work. To what extent do the following statements apply to you? (B56)

	to a very large extent	to a large extent	to a medium extent	to a low extent	to a very low extent
My work suffers from everything that goes on in my private life. (B56_1)					
I would devote more time to work if I didn't have so much to do with my private life. (B56_2)					
Because I am busy with personal things at work, I have difficulty getting my work done. (B56_3)					

71. How difficult is it for you to take an hour off during working hours to attend to personal or family matters? Again, please use a scale of 1 for your assessment: Very difficult to 5: Not at all difficult. You can use the values in between to grade your assessment. (B41)

Sehr schwierig

Überhaupt nicht schwierig

72. How often do the following statements apply to you?

	Never applies	Rarely applies	Sometimes applies	Often applies	Always applies
I have a strong inner desire to work all the time. (B45_1)					
My thoughts are predominantly work-related throughout the day. (B45_2)					
I get frustrated when I am not able to work. (B45_3)					
I continue to work when most of my colleagues take breaks. (B45_4)					

73. Now let's look again at possible connections between work and personal life. To what extent do the following statements apply to you? (B57)

	to a very large extent	to a large extent	to a medium extent	to a low extent	to a very low extent
I get on better at work because I am doing well in my private life. (B57_1)					
My private life gives me the energy to do my work. (B57_2)					
My private life allows me to rest and mentally prepare for the next working day. (B57_3)					

74. The following questions are about the subject of health.
How often have you experienced health problems in the last 12 months? (B14a)

Never

Rarely

Sometimes

Often

(Always) always

75. I now have a few questions regarding specific health problems.
How often in the last 12 months have you had...

	Never	Rarely	Sometimes	Often	(Almost) always
... Heart problems? (B14_1)					
... Headaches? (B14_2)					
... Back problems? (B14_3)					
... Joint problems? (B14_4)					
... Stomach problems? (B14_5)					
... Insomnia? (B14_6)					

76. How many hours do you sleep on average on a daily basis? (B14b)

____ hours

77. On how many days approximately were you absent from work in the course of the last 12 months? (B17c)

____ days

78. The following statements relate to your wellbeing over the last two weeks. To what extent do you agree with the following statements: In the last two weeks ... (B14c)						
	All the time	Most of the time	Slightly more than half the time	Slightly less than half the time	Now and then	At no time
... I have been happy and in a good mood. (B14c_12)						
... I have felt calm and relaxed. (B14c_13)						
... I have felt energetic and active. (B14c_14)						
... I have woken up refreshed and well rested. (B14c_15)						
... my day-to-day life has been busy with things that interest me. (B14c_16)						

79. How often ...? (B17)					
	Never	Rarely	Sometimes	Often	(Almost) always
... do you feel you can no longer tolerate your work? (B17_1)					
... do you feel you haven't got enough energy for day-to-day life? (B17_3)					
... do you have difficulty concentrating on your work? (B17_4)					

80. To what extent ...? (B17a)					
	to a very large extent	to a large extent	to a medium extent	to a low extent	to a very low extent
... is your work emotionally exhausting? (B17a_14)					

81. How often ...? (B17b)					
	Never	Rarely	Sometimes	Often	(Almost) always
... do you have the feeling that you are overflowing with energy at work? (B17b_18)					
... do you feel fit and vigorous at work? (B17b_19)					
... do you look forward to going to work as you get up in the morning? (B17b_20)					

82. When you think of the last 12 months: Did you sometimes feel so awful that you considered committing suicide? (B18)	
Yes	
No	

Filter: if „yes“ to the previous question

83. Did you at this point also think about how to make this idea a reality? (B19)	
Yes	
No	

Filter: if „yes“ to the previous question

84. To come back to the same question, once again with regard to the last 12 months, did you actually attempt to commit suicide? (B20)	
Yes	
No	

85. First of all a few personal questions regarding your work in your organization. To what extent...? (C01)					
	to a very large extent	to a large extent	to a medium extent	to a low extent	to a very low extent
... do you consider your own job as being safe? (C01_1)					
... are you afraid to lose your job? (C01_2)					
... do you think you will lose your job in the next ten years due to technological progress? (C01_3)					

86. Now a few questions regarding your views on your personal prospect of finding a new job. Please rate your answer on a scale of 1: very difficult to 5: not difficult at all. You may grade your answer with the values in between. (C02)

	Very difficult				Not difficult at all
How difficult would it be for you to find a <u>similar</u> job, if you were to lose or resign from your job? (C02_1)					
And how difficult would it be for you to actually find <u>a job</u> , if you were to lose or resign from your job? (C02_2)					

87. Do you intend to change jobs in the near future? (C03_3)

Yes

No

88. What is the highest level of education you achieved? Please also consider your vocational or training qualification. (C04)

fundamental or primary school qualification

secondary school qualification, e.g. high school, modern school or similar

general or subject-related higher education/university entrance qualification or similar

vocational training

master craftsman or technician level training

technical college qualification

bachelor degree

master's degree, diploma

doctorate

no qualification

89. Do you live with a partner? (C05)

Yes

No

90. Does your partner also work? (C05_1)

Yes

No

91. How many people live in your household, including yourself and your children? (C801)

_____ Number of people in the household

92. How many children live in your household? (C06)

_____ children

93. How old is the youngest child living in your household? (C07)

_____ year(s)

94. What is your mother tongue? (C10)

Luxembourgish

French

German

Portuguese

Italian

English

Other mother tongue: _____

95. In which country is your main residence? (Wohnsitz)

Luxembourg

France

Germany

Belgium

In another country not mentioned

96. Would you please tell me the postcode of your residence? (C16)

Filter: C16 = „Refusal to answer“

97. Can you then tell me perhaps in which region your residence is located? Feel free to tell me the administrative district - if you know it - or even a larger city from your area. (C16a)

98. What is your nationality? (C11)

Luxembourgish

French

German

Portuguese

Belgian

Italian

Another nationality: _____

99. To finish, we have a question about your financial situation. Would you mind telling us your net monthly income from your main professional activity? (C12)

_____ euros

Filter: if „no response“ with previous question

100. Were your monthly net earnings last month more or less than 5,000 euros? (C12_1)
less than 5,000 euros
more than 5,000 euros

Filter: if „less than 5000 euros“ with previous question

101. In which of the following brackets were your monthly net earnings last month? (C12_2)
more than 4,500 euros
4,000 to less than 4,500 euros
3,500 to less than 4,000 euros
3,000 to less than 3,500 euros
2,500 to less than 3,000 euros
2,000 to less than 2,500 euros
1,500 to less than 2,000 euros
1,000 to less than 1,500 euros
500 to less than 1,000 euros
less than 500 euros

Filter: if „more than 5000 euros“ with previous question

102. In which of the following brackets were your monthly net earnings last month? (C12_3)
5,000 to less than 6,000 euros
6,000 to less than 7,000 euros
7,000 to less than 8,000 euros
8,000 to less than 9,000 euros
9,000 to less than 10,000 euros
10,000 to less than 12,500 euros
12,500 to less than 15,000 euros
over 15,000 euros

Supplementary survey for the panel cases:

103. Since you are currently no longer working in Luxembourg for a minimum of 10 hours a week, there are only a few short questions left to ask. What is your current employment relationship? (Z01)
What is your current employment relationship?
I have a job out of Luxembourg.
I am currently seeking employment.
I am currently on a personal break.
I am retired.

104. How did your last employment relationship in Luxembourg end? (Z02)

I resigned myself.

The employer gave notice for operational reasons.

Bankruptcy or business closure.

The employment relationship was terminated by mutual agreement.

I was given notice by the organisation for different reasons.

I fell ill, became unable to work or incapacitated.

My fixed-term employment contract expired.

I went into retirement.

Filter: Z02 = 1, 4

105. What prompted you to leave your previous employer? (Z04)

purely professional reasons

purely personal reasons

a combination of the two

Filter: Z02 = 2,3,5,7 OR (Z04 = 1, 3 UND Z01 = 1)

106. The following is about possible career improvements that workers expect from a job change. Regarding last job change: Please indicate to what extent you expected the following professional improvements.

	to a very large extent	to a large extent	to a medium extent	to a low extent	to a very low extent
...remuneration & additional benefits (Z05_1)					
...superiors (Z05_2)					
...career- & Training possibilities (Z05_3)					
...work contents (Z05_4)					
...work volumes (Z05_5)					
...work hours (Z05_6)					
...treatment by colleagues and superiors (Z05_7)					
...job security (Z05_8)					
...other improvements (Z05_9)					

Filter: Z02 = 2,3,5,7 OR (Z04 = 2, 3 UND Z01 = 1)

107. Briefly now about possible changes in your private life due to a change in jobs. To what extent did you expect improvements or changes in your private life from your last change in jobs?					
	to a very large extent	to a large extent	to a medium extent	to a low extent	to a very low extent
...a closer proximity to the partner or to the family (Z06_1)					
...a new beginning in private life (Z06_2)					
...shorter distances to work (Z06_3)					
...better reconciliation of work and private life (Z06_4)					
...other improvements (Z06_5)					

108. The following statements relate to your wellbeing over the last two weeks. To what extent do you agree with the following statements: In the last two weeks...						
	All the time	Most of the time	Slightly more than half the time	Slightly less than half the time	Now and then	At no time
...I have been happy and in a good mood. (Z07_1)						
...I have felt calm and relaxed. (Z07_2)						
...I have felt energetic and active. (Z07_3)						
...I have woken up refreshed and well rested. (Z07_4)						
...my day-to-day life has been busy with things that interest me. (Z07_5)						